ARKINS Correspondence Lessons for the MANDOLIN

CAN FROM OTHERS
BUT THINK FOR
YOURSELF



K. D. G. ARKINS, Author

3 KINDS OF PRACTICE

Best.---Actual Playing of Melodies.

Good.---Scales, Chords and Exercises.

THE WORST KIND OF PRACTICE

Learning New Pieces.

The Best Kind of Practice is actual playing of melodies. WHY?

BECAUSE you are doing what you set out to do when you take up music, to be able to play is the ambition of all music students. THEREFORE PRACTICE PLAYING.

The next best kind of practice is scales, chords, and exercises. WHY?

Because they divide music up into separate keys.

The worst kind of practice. Learning new pieces. WHY?

BECAUSE a Student cannot play a new piece properly, and learning to do it is the worst kind of practice. BUT IT IS ABSOLUTELY NECESSARY TO LEARN NEW PIECES.

While a portion of the Students time is spent in LEARNING NEW PIECES, the greater portion of the practice time must be spent in actual playing of MUSIC ALREADY LEARNT.

Arkins Music Academy

Sydney

4th SERIES.

INTRODUCTION

Dear Student,

In this series time has been clearly illustrated on the same melody, "Home, Sweet Home." The Student will see music has been intentionally made difficult and mysterious, the same as others arts in years gone by.

If the Student carefully plays each setting of "Home, Sweet Home," and, taking care to count carefully, it will be seen that:—

2/2, 2/4, 2/8, times are exactly alike.

4/2, 4/4, 4/8, times are exactly alike.

3/2, 3/4, 3/8, times are exactly alike.

6/2, 6/4, 6/8, times are exactly alike.

The only change is to the eye, not the ear, that is, the only difference is the shape of the note.

When reading time these 3 rules are of great value.

Rule 1.—Learn the numbers of notes for 4/4 time.

Rule 2.—When you meet a /8 movement, double the numbers.

Rule 3.—When you meet a /2 movement, halve the numbers.

Example A, one beat note, 4/4 time, is a 2 beat note in 6/8 time, while it is a $\frac{1}{2}$ beat note in 2/2 time.

To follow these rules will eliminate the mystery of time.

REMEMBER!

Learn all notes as numbers for time.

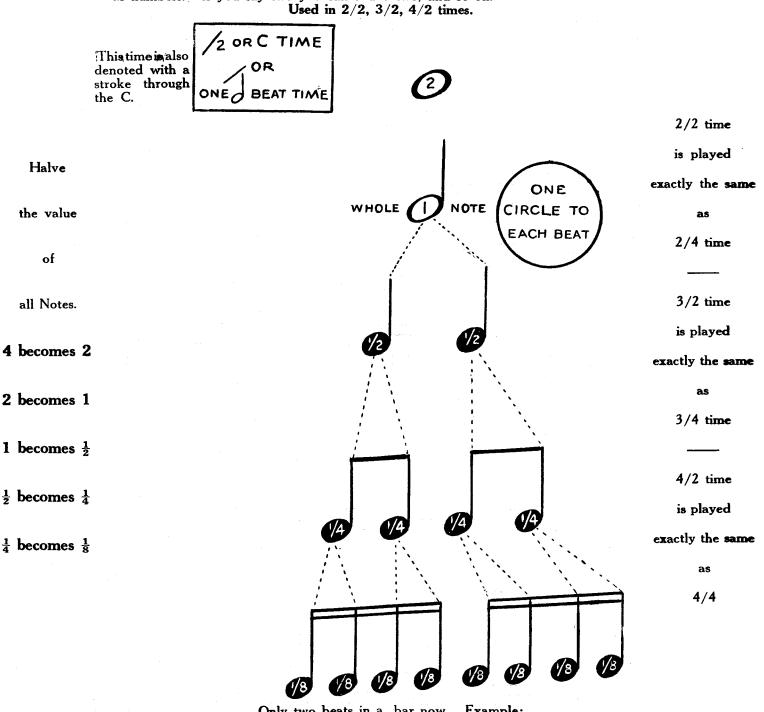
NEW TIME

The 1st & 2nd COURSES MUST BE RE-DONE (THE WHOLE OF THEM) IN THIS TIME. There is no difference in playing this time. But it changes, a 4/4 time to 2/2 and is played like 2/4. There is no differ ence in counting this time.

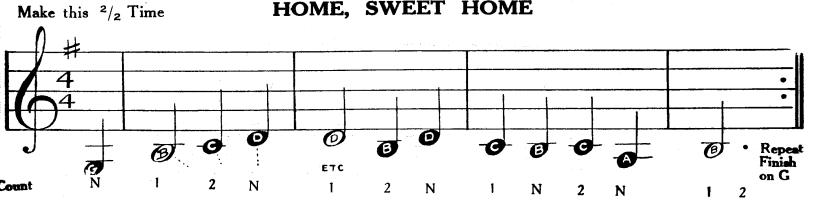
The Notes only change their value. There is no other difference.

TABLE OF TIME FIGURES. /2 TIMES.

This table also explains itself. Take music and read out pages of it, saying your notes as numbers. If you say two you can count two, and so on.

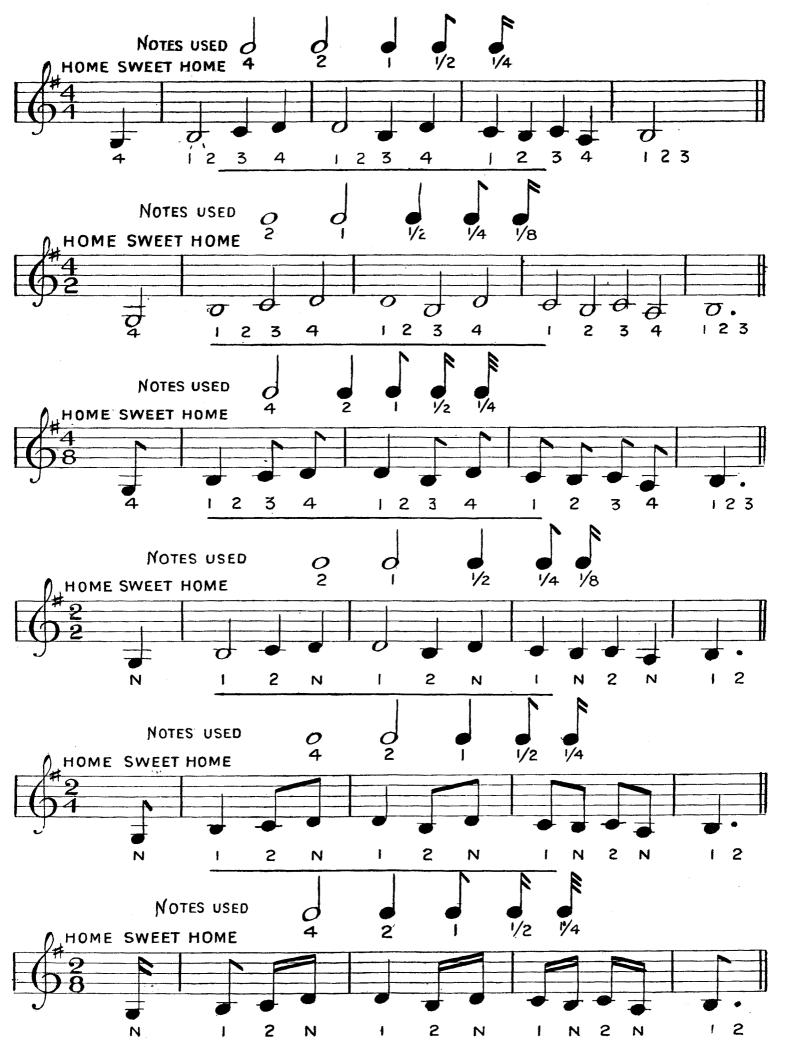


Only two beats in a bar now. Example:

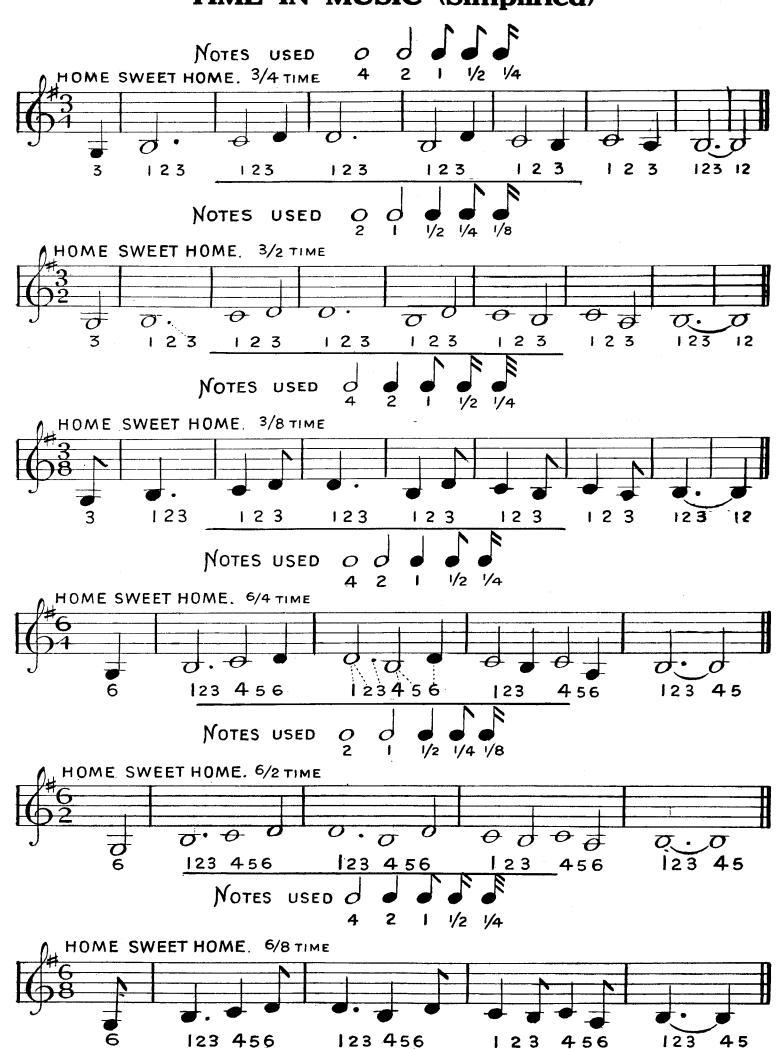


TIME IN MUSIC (Simplified)

NOTE.—Time in music is movement, the same as walking, running, dancing, etc., each beat is a complete movement.



TIME IN MUSIC (Simplified)



5

RESTS

We have not mentioned Rests in previous lessons, because Students have too many things to pay attention to, and Rests are so important that they need special attention.

So to the Student we issue a special caution:

Observe carefully all Rests.

RESTS.

IN /2 /4 /8 TIMES.

Rests are of great importance to music, and even in rests there should be a feeling of rhythm; this is created by the mind.

		Times /4	/8	/2 or C crossed
Used in all times as a whole Bar rest.		4	not used	2
		- 2	4	1
SPECIAL. This rest is made in two shapes, both have same meaning.	OR \	1	2	<u>1</u>
	7	<u>I</u> .	. 1	<u>I</u> .
	7	<u>I</u> .	<u>I</u>	<u>T</u>
	3	L	<u>I.</u>	<u>T</u>

Rests should be moving silences.

SPECIAL NOTICE.

Great care must be taken by the Student, a $\frac{1}{2}$ beat (or any smaller rest) is NOT a Rest at all, only a shortening of sound. A beat in music is a movement, and unless there is a whole beat Rest there is NO cessation of movement. To the Student: carefully think this out—it is important.

"The greatest of faults I should say is to be conscious of none."

TREMOLO

THE MOST IMPORTANT STROKE MANDOLIN PLAYING

RULES.

This stroke is a kind of mystery; it comes to a Student naturally, with practice; it cannot be analysed, because it is governed by the type of music being played, and acts in sympathy with the music. The Student has merely to practice, along the lines laid out, with care and it becomes quite natural. In playing, do not attempt to analyse the stroke, because it sounds best the natural way it comes.

- Rule 1.—Do not hold the plectrum with stiff fingers. Make your fingers like springs, like elastic, so that the plectrum gives and bounces.
- Rule 2.—The Tremolo starts with the downstroke, and ends with the upstroke.
- Rule 3.—As the Tremolo stroke is designed to produce a sustained note, like the human voice, or any instrument like the Violin, Cornet or the Organ. The mind must continually have that object in view; that is, the imitation of sustained sound by the rapid movement of the plectrum.
- Rule 4.—Practice beginning the Tremolo with slow, big strokes, down and up, getting quicker and quicker.
- Rule 5.—Practice with the ticking of a clock.
- Rule 6.—Practice beginning slowly, getting gradually quicker, then suddenly make an impulse, as if to go like lightning; it will take some little time to do this, but if the Student perseveres, the stroke will become a natural impulse.
- Rule 7.—Read Rule 1 again.
- Rule 8.—The Tremolo stroke is not designed to keep the Rhythm and Time, BUT to make the notes resemble sustained notes, so bringing this stroke into strict time would lose sight of the object for which it is designed.
- Rule 9.—Apart from the Tremolo stroke, Time, of all kinds, can be practised.

TREMOLO STROKE

The word Stop is used to represent the place where the Right Hand recovers its balance. One bar is indicated with the word stop, it applies to all bars.

When the exercise can be played right through, these stops are left out.

They are to be practiced first as written, and then on the open strings, G, D, A, E, and then on various notes.

EXERCISE ON THE TREMOLO STROKE.



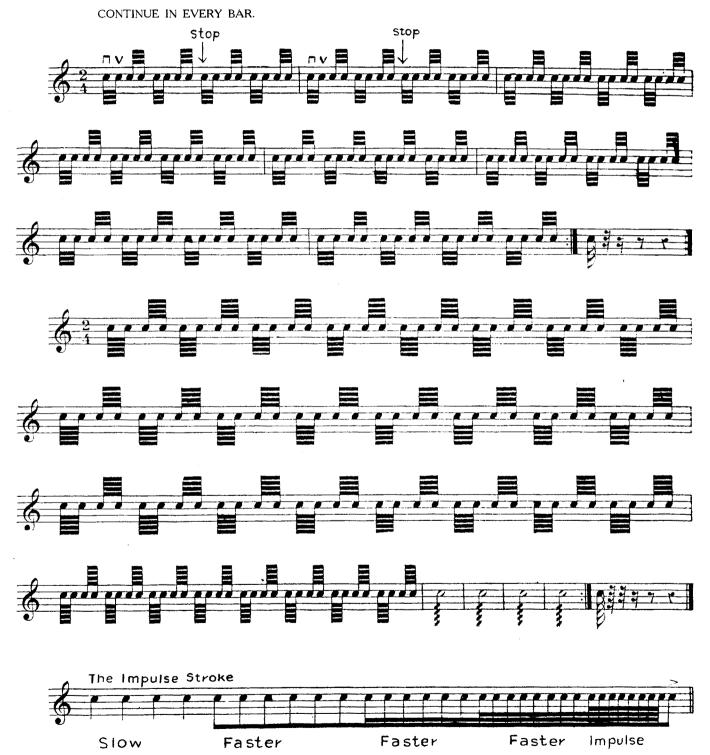
NOTE.—Although the ultimate Tremolo stroke in perfection is not timed, all exercises at first must be timed. The final Tremolo stroke is just like a kind of rubbing sensation, as if lightly polishing the string. (This only comes after a Student has done a great deal of actual playng.)

TREMOLO STROKE

IMPORTANT.

The Impulse Stroke. This is shown clearly on the following diagram, and it is the most important stroke in Mandolin playing. It is not counted, but becomes quite natural to a player; acquired only with practice; regulates itself to the kind of music being played.

Practice, as the following diagram, is set in groups of two.



Play two notes, stop, play two notes, stop, and so on. As speed begins to set in, these stops gradually go out and leave the player in possession of the **Tremolo Stroke.**

HOME, SWEET HOME



BLUE BELLS OF SCOTLAND



OLD FOLKS AT HOME

By

STEPHEN FOSTER.



OLD FOLKS AT HOME



THE AULD HOUSE



BONNIE BANKS O'LOCH LOMOND



There is an idea very prevalent that good music is hard to understand—something difficult, recondite, abstruse. That is quite a mistake.

-SIR HENRY HADOW.

LAST ROSE OF SUMMER



My Love, She's But a Lassie Yet scotch Air.



TRAMP, TRAMP, THE BOYS ARE MARCHING



To know good music, real music, is to love it; and where there is love of music there is always promise of good morals, good citizenship; for love of the true and beautiful makes for better men and women, and a better world in which to live.

-TACOMA LEDGER.

AULD LANG SYNE



8 Notes to each Beat.

TIME EXPLAINED

Dear Student,

1 Beat Notes.

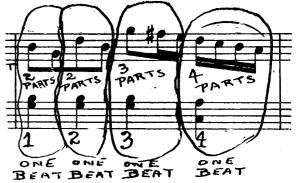
Time in music is extremely simple to understand if you strictly adhere to the Arkins' Method of Time. Time should be understood instantly. Why? Because in this method of time we do not teach you to calculate, but apply the musical notation to the principles of calculation that you spent years studying during your schooldays.

As follows:

 $4 2 1 \frac{1}{2}$

Now, dear Student, you know perfectly well that no calculation within this set of figures could puzzle even a child in arithmetic. Now take careful notice of the design below.

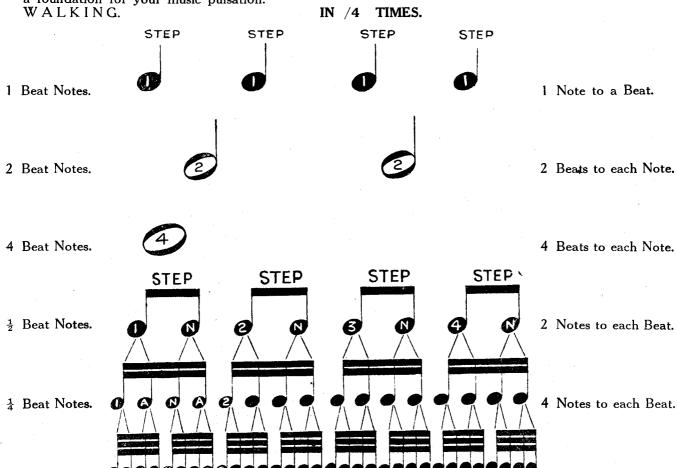
Experiment putting circles round the beats of music. It is an excellent practice.



The note in Music means the same as the figure. THE CALCULATION IS EXACTLY THE SAME.

WALKING FOR RHYTHM.

The basis of Rhythm can be well formed by walking. Regard each step as a Rhythmic beat and a foundation for your music pulsation.



It is necessary for the student to work out all kinds of Rhythm for himself. By so doing, the Student of Rhythm will benefit greatly.



say 3.

2 ($\frac{1}{2}$ notes) make one, 4 ($\frac{1}{4}$ notes) make one.

EXAMINATION PAPER

SERIES 4

QUESTION 1: Draw two rests representing a whole beat in /4 Time.

ANSWER:

QUESTION 2: Draw a whole beat used in /2 Time.

ANSWER:

QUESTION 3: What is the name of the note missing from the first bar of Old Folks at Home (page 12).

ANSWER:

QUESTION 4: Draw a bar of 4/8 Time and put the counting below.

ANSWER:

QUESTION 5: On what fret of the Mandolin would you play the note D on the G string, if, say, the Music is written in one flat.

ANSWER:

QUESTION 6: Draw a rest representing $\frac{1}{2}$ a beat in 2/8 Time.

ANSWER:

QUESTION 7: Do you realize that 2/2 Time is now one of the most important times in popular music, that it is played the same as 2/4 time, but has the appearance of a 4/4 Time.

ANSWER:

QUESTION 8: Praw the notes used in 3/2 Time, place their corresponding numbers below. ANSWER:

QUESTION 9: Draw the notes used in 2/8 Time, and place their corresponding numbers below.

ANSWER:

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QUESTION 1	I: Draw the Rests	in Music; plac	e below then	n their value	in 2/2 Tim	ne.
ANSWER:						
so as to a	2: Do you realize llow the hand to r the stops become	ecover balance.	top used in e With pract	exercises (pagice the hand	ge 8) is put naturally red	there covers
ANSWER:			•			
						3
QUESTION 1	3: Name the most	important kind	l of practice,	and why it	is sc.	
ANSWER:						
	e.	0				
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